

IX. Baltic Sea Youth Games 2015

- Athletics -

- Host:** Sports Confederation of Brandenburg
- Organizer:** Athletics – Association of Brandenburg
in cooperation with „VfL Brandenburg e.V.“
- Rules:** The competitions are in accordance with the “International Competition Rules” and the “German Athletics Order” (DLO) performed in their valid version.
- Competition Date:** Saturday, 4. July 2015, - at 10:00
- Venue:** Stadium “Am Quenz”
Am Neuendorfer Sand 1a
14770 Brandenburg an der Havel
- Age Group:** Youth Boys and Girls „U16“ (born in 2000 / 2001)
- Note:** Maximum 2 athletes (M/F) per discipline and 1 relay team (M/F) of a country/region are eligible.
- Events:**
- Youth Boys “Under 16” : 100m, 300m, 800m, 3000m, 80m Hurdles (83,8cm),
3000m Track Walk, 4x 100m Relay Race,
Long Jump, High Jump, Pole Vault,
Shot Put (4,0kg), Discus Throw (1,0kg), Javelin Throw (600g)
- Youth Girls “Under 16” : 100m, 300m, 800m, 3000m, 80m Hurdles (76,2cm),
3000m Track Walk, 4x 100m Relay Race,
Long Jump, High Jump, Pole Vault,
Shot Put (3,0kg), Discus Throw (1,0kg), Javelin Throw (500g)
- Jumping Heights:**
- High Jump: Girls: 1,30m – 1,35m – 1,40m – 1,45m – after that 3cm steps
Boys: 1,45m – 1,50m – 1,55m – 1,60m – after that 3cm steps
- Pole Vault: Girls: 2,05m – 2,25m – 2,45m – after that 10cm steps
Boys: 2,20m – 2,40m – 2,60m – after that 10cm steps



Time Shedule: Saturday, 4. July 2015

Time	Running / Walking	Long Jump	High Jump	Pole Vault	Shot Put	Discus Throw	Javelin Throw
10:30						Boys	
10:35		Boys					
11:00			Boys	Girls			
11:35	80m Hurdles (Q) Boys						
11:45	80m Hurdles (Q) Girls						
12:00	3000m Track Walk Boys					Girls	
12:05		Girls					
12:25	3000m Track Walk Girls						
12:50	80m Hurdles (F) Boys						
12:55	80m Hurdles (F) Girls						
13:05	300m Boys						
13:15	300m Girls						
13:30				Boys			
13:35	100m (Q) Boys		Girls				
13:40					Boys		Girls
13:45	100m (Q) Girls						
14:00	3000m Boys						
14:20	3000m Girls						
14:50	100m (F) Boys						
14:55	100m (F) Girls						
15:05	800m Girls				Girls		Boys
15:20	800m Boys						
15:45	4x100m Relay Race Girls						
16:00	4x100m Relay Race Boys						

Q = Qualification Round

F = Final (The best of 8 are in the A – Final)



Organising Time Shedule: Saturday, 4. July 2015

Time	Running/ Walking	Discus/ Javelin	Shot Put	Long Jump	High Jump	Pole Vault	Time	
10:00						Practice Trials	10:00	
05		Practice Trials				45 min	05	
10		25 min		Practice Trials			10	
15				25 min			15	
20							20	
25	Q = Qualification Round F = Final The best of 8 are in the A - Final						25	
30		10:30			Practice Trials		30	
35		Discus			10:35	30 min		35
40		Boys			Long Jump			40
45					Boys		10:45	45
50			60 min				Pole Vault	50
55							Girls	55
11:00				60 min	11:00		11:00	
05					High Jump	120 min	05	
10					Boys		10	
15							15	
20					105 min		20	
25							25	
30							30	
35	80m Hurdles (Q)	Practice Trials					35	
40	Boys	25 min		Practice Trials			40	
45	80m Hurdles (Q)			25 min			45	
50	Girls						50	
55							55	
12:00	3000m Track Walk	12:00					12:00	
05	Boys	Discus		12:05			05	
10		Girls		Long Jump			10	
15				Girls			15	
20		60 min					20	
25	3000m Track Walk			60 min			25	
30	Girls						30	
35							35	
40							40	
45						Practice Trials	45	
50	80m Hurdles (F) Boys					45 min	50	
55	80m Hurdles (F) Girls						55	
13:00							13:00	
05	300m				Practice Trials		05	
10	Boys				30 min		10	
15	300m	Practice Trials	Practice Trials				15	
20	Girls	25 min	25 min				20	
25							25	
30						13:30	30	
35	100m (Q)				13:35	Pole Vault	35	
40	Boys	13:40	13:40		High Jump	Boys	40	
45	100m (Q)	Javelin	Shot Put		Girls		45	
50	Girls	Girls	MJU 16		105 min	120 min	50	



Time	Running/ Walking	Discus/ Javelin	Shot Put	Long Jump	High Jump	Pole Vault	Time
55							55
14:00	3000m	60 min	60 min				14:00
05	Boys						05
10							10
15							15
20	3000m						20
25	Girls						25
30							30
35							35
40		Practice Trials	Practice Trials				40
45		25 min	25 min				45
50	100m (F) Boys						50
55	100m (F) Girls						55
15:00							15:00
05	800m	15:05	15:05				05
10	Girls	Javelin	Shot Put				10
15		Boys	Girls				15
20	800m						20
25	Boys	60min	60 min				25
30							30
35							35
40							40
45	4x 100m Relay Race						45
50	Girls						50
55							55
16:00	4x 100m Relay Race						16:00
05	Boys						05

Victory Ceremonies: Saturday, 4. July 2015

Time	Boys	Girls
12:20	Discus Throw, Long Jump	
13:00	3000m Track Walk	3000m Track Walk
13:25		Discus Throw, Long Jump
13:30	High Jump	Pole Vault
13:55	80m Hurdles	80m Hurdles
14:00	300m	300m
15:00	3000m	3000m
15:35	Shot Put	Javeli Throw
15:40	100m	100m
15:55	800m	800m
16:10	Pole Vault	High Jump
16:20	Javelin Throw	Shot Put
16:25	4x 100m Relay Race	4x 100m Relay Race

The victor, the second and the third will get medals and a certification of the victory ceremonies
The 4th until the 8th will get a certification at the victory ceremonies.

